Georg Mertens

# My CELLO METHOD

Addítion to Volume 3: No. 98 &99 No 98 - Dotzauer Study No 99 - Ornaments & Bíanco Fíore



\* very enjoyable
\* very systematic
\* very well explained
\* all cello duos
\* every piece comes with a link to:
- an online video lesson on patreon
- a cello duo recording on youtube
(links interactive on tablet, phone, computer)

\* this method is also a fantastic source of extra pieces to any cello method

## Georg's Cello Method - Volume 1

For videos on the lessons click - <u>https://www.patreon.com/georgcello</u> For "Georg's Cello Method" see: <u>http://www.georgcello.com/sheetmusic.htm#PART1</u> \* For Cello Duo videos to pieces click: <u>https://www.youtube.com/playlist?list=PLa4x\_CVYDVRVu36cvDRoylg9DZTar7SZH</u>

#### Volume 1 - 1st Position unextended

volume 1 - 15t rostiton unextenueu	
0	The open Strings on the Cello - The 2 Bow Directions
1	One, two, three, four - One (GM)
2	Minims or 1/2 Notes (GM)
3	Rain, Rain, go away (Trad.)
4	Hot Cross Buns (Trad.)
5	Accompaniment to "Twinkle, twinkle little Star" (GM)
6	Twinkle, twinkle little Star (Trad.)
7	French Folk Song (Trad.) - Counting
8	Scale in D major - Warm up
9	Tica-tica, Tuc - tuc (GM)
10	Frere Jacques (Trad.)
11	All my little Ducklings (Trad.)
12	Lightly Row - Little John (Trad.)
13	Ode to Joy (Beethoven)
14	Fox Song / Song of the Wind (Trad.)
15	Bee-Baa Bootzelman (Trad.)
16	Scale in G major
17	The Notes in G major
18	Andantino (Carcassi)
19	Silent Night (Gruber)
20	Happy Birthday (Trad.)
21	Arpeggio Study (GM)
22	4 Slur Exercises (GM)
23	Arpeggio Study in Slurs (GM)
24	Quick Tune (GM)
25	Rigadoon (H. Purcell)
26	Nun ruhen alle Wälder (J.S. Bach)
27	Intonation Study (GM)
28	Scale in C major
29	Nimble Fingers (G.M.)
30	Study in C major (G.M.)
31	The Volga Song (Trad)
32	The Hippopotamus (G.M.)
33	Maytime (Neidhardt)
34	Scarborough Fair (Trad)
35	Sakura, Sakura (Trad)
36	Hatikvah (Trad)
37	The Ashgrove (Trad)
38	Study in C (F. Sor)
39	Early one Morning (Trad)
40	Staccato Exercise
41	Double Stop Exercises
42	Morning Stroll (A. Gretchaninov)
43	We wish you a Merry Christmas (Trad)
44	Rigadoon II (Purcell)
45	Legato Study after Dotzauer (G.M./Dotzauer)
46	What shall we do with the Drunken Sailor (Trad)
47	Hornpipe (Trad)
48	String Crossing Study (G.M.)
49	Staccato & Double Stop Exercises
50	Double-Double Stops for 2 cellos (G.M.)

50 Double-Double Stops for 2 cellos (G.M.)

## Georg's Cello Method - Volume 2 & 3

#### Volume 2 - The Extensions in 1st Position ( b & # )

- 51a Exercise for the extended position back (Bb)
- 51 Dona, Dona (Trad.)
- 51b Finger Separation Exercise
- 51 Ac Accompaniment to "Dona, Dona" (Trad.)
- 52 Choral: Christus, der uns selig macht (J.S. Bach)
- 53 Spagnoletto (C. Negri)
- 54 Passamezzo (Phalese)
- 55 Chorea (Hungarian Trad.)
- The Extension up (#)
- 56 Exercise to move fingers & thumb together
- 57 Scale in D major over 2 octaves various bowings
- 58 Canon in D (Pachelbel)
- 59 Minuet in C (Petzold / Bach) ( & No 68 Accompaniment to No 59)
- Both Extensions, back & up
- 60 Scale in D melodic minor
- 61 Gilderoy (Trad.)
- 62 Danza (Anon.)

63 Greensleeves (Anon.)

#### Volume 3 - Shifting: 1/2 to 4th Positions

- 64 Exercise for the Half position Photos
- 65 La Folia Tis the last Rose of Summer (Moore) 66 67 Study in E minor (Dotzauer) 68 Minuet in C - Accompaniment to No 59 (Petzold / Bach) Exercises for 2<sup>nd</sup> position - Photos 69 2 Accompaniments: Andantino (18) - Nun ruhen (26) 70 Hungarian Dance 71 Duo No 1 (J. Offenbach) 72 73 Dominion Exercises for 2<sup>nd</sup> position extended - Photos 74 75 Old Reel 76 Minuet II in C (Petzold/Bach) Irish Washerwoman & Bow exercise 77 78 Exercises for the low 3<sup>rd</sup> Position - Photos Scale of F major 79 80 Andante in F major (G.M.) Accompaniment to Choral No 52 (Bach) 81 Minuet in D minor (Petzold / Bach) 82 Exercises for high 3<sup>rd</sup> position - Photos 83 84 Alman (Anon.) 85 Those were the Days (B. Fomin) 86 Exercise for the 3rd position extended - Photos Study (G.M.) 87 88 Hook stroke Exercises "Nutcracker Suite" Study (after Tchaikovsky) 89 Scale in G major - Introducing Vibrato 90 Exercises for Positions 1-4 (G.M.) 91 Jesu meine Freude (Bach) 92 Study in G major (G.M.) 93 Harmonics - What are they & How to Play & Tuning 94 Study with Harmonics (Kummer) 95 Spiccato Exercise 96 Hundred Kisses - Gypsy Song (Trad.) 97 98 Dotzauer Study Andante sostenuto Trills & other Ornaments - Bianco Fiore (C. Negri) 99

Short History of "Georg's Cello Method"

#### Volume 4

#### Gems from the vast repertoire of cello music within Positions 1-4

- A. Noelck Tempo di Ballo 100 G.F. Handel - Aria "Lascia ch'io Pianga" 101 Introduction to the Tenor clef & 12/8 - slow & fast 102 A. Vivaldi - Largo, 3rd mov. from Sonata in E min (tenor clef) 103 D. Dalla Bella - Giga from Sonata in C major (tenor clef) 104 S. Lee - Study No 1 from Opus 31 - slurred legato 105 R. Kreutzer - Study in G major - for an even sound on all strings 106 J.B. Breval - Sonata in C major, first movement 107 B. Romberg - Sonata op. 38 in E minor, first movement 108 J.S. Bach Choral "Wachet auf!" in Eb major 109 A. Vivaldi - Allegro, 2nd mov. from Sonata in E min (tenor clef) 110 111 G. Marie - La Cinquantaine in A minor / A major (tenor clef) A. Vivaldi - Largo, 1st mov. from Sonata in E min (tenor clef) 112 113 A. Vivaldi - Largo, 4th mov. from Sonata in E min (tenor clef) S. Lee - Study No 8 from Opus 31 - bowing 114
- *J.S. Bach Menuets from Cello Suite No 1 (cello solo)*
- *Introduction to J.S. Bach Prelude from Cello Suite No 1* (Cello Suite No 1)
- *J.S. Bach Prelude from Cello Suite No 1 (cello solo)*

*FREE on the Net : MAJOR SCALE PATTERNS for all 12 keys, 3 octaves* <u>http://www.georgcello.com/sheetmusic.htm#PART3</u>

#### Volume 5

Mastering Positions 5 - 7

TIPS on learning and playing cello Major scale patterns - 3 octaves

- 118 Exercise for Position 1 7 on A string
- 119 3 octaves Scale in C major
- 120 2 Position Studies for all 4 strings by O. Sevcik
- 121 S. Lee Study No 5
- 122 Catalan Traditional Song of the Birds
- 123 E. Galliard Sarabande from Sonata E minor
- 124 J.S. Bach Bourree's of Cello Suite No 3 (solo)
- 125 J.S. Bach Sarabande of Cello Suite 5 (solo)
- 126 L,v. Beethoven Sonatina
- 127 F. Chopin Largo from Cello Sonata op. 65
- 128 P.I. Tchaikovsky Valse sentimentale
- 129 G.M. Prelude 4 "Oriental" from 5 Preludes for the Love of the Lower Strings (solo)
- 130 C. Saint-Saens The Swan

#### Volume 6

The Thumb Position

Exercises & Studies by Sevcik, Grutzmacher, Duport, Popper Pieces by: Faure - Apres un Reve, Squire - Tarantella, Monn - Concerto in G minor Bruch - Kol Nidrei and more... all for Cello Duo Expected publication: Late 2023

When viewed on phone, tablet, pad or computer links will open when clicked on.

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My CELLO METHOD - Volume 3

## **B** - How to Practice - Some useful Tips

1) I recommend strongly to have your **cello always unpacked**, ready to play, bow next to it, music on a stand or accessible.

2) After a lesson or after watching the video I recommend **playing everything once through at home on the same day**. - Why? We have two mind sets: the home mind set, the old way of playing - the other the teachers place set. One day later - after sleeping - half of the new information is lost. Some students write information down after lesson or record part of the lesson. Watching the video several times replaces these former ways.

3) **Start** every practice **with a slow scale** (any), 3 or 4 beats per note. This scale warms us up, including sitting correctly, spike length ideal, tuned well, bow hold, bow control, bow level and direction good, sound and intonation good. This one scale saves us from being shocked by our first piece!

4) The scale should be followed by a warm up piece.

5) Now starts our variable practice program.

I find it important that **every practice has some little goal, like**: after this practice I want to play this section safely or much better. In 5-10 minutes we can achieve something - a practice doesn't need to be always half an hour plus.

6) We learn by repetition - that's why we practice. The fastest method of learning is therefore to make no mistake at all! That requires drastically slowing down, focussing well and observing all details. Despite the slow pace, rhythm and bowing have to be correct from the very beginning - or we have to relearn.

7) Play the whole piece through, don't stop when a note goes wrong! I play usually 3 times through (2 times slower, then one time in speed if it's a fast piece). Then I go back to where it went wrong and practice this bit. However, the unit we practice should not be longer than 1 page or we don't remember what went wrong and it's too much to really improve.

8) If it just doesn't sound right on a day, we might put the cello on the ground, walk a circle through the room and sit down again; often it will sound better!

9) I often have an **A & B program**, which alternates every day. I find it more interesting, the program can be larger and it trains the memory.

10) **If anything hurts** - stop and take a break, mention it to your teacher or send a message. Sometimes when something hurts, like the thumb or the arm - a break of 5-10 seconds lets the pain fade away. Take this tiny break as soon as the pain occurs - then start where you stopped, not from the beginning.

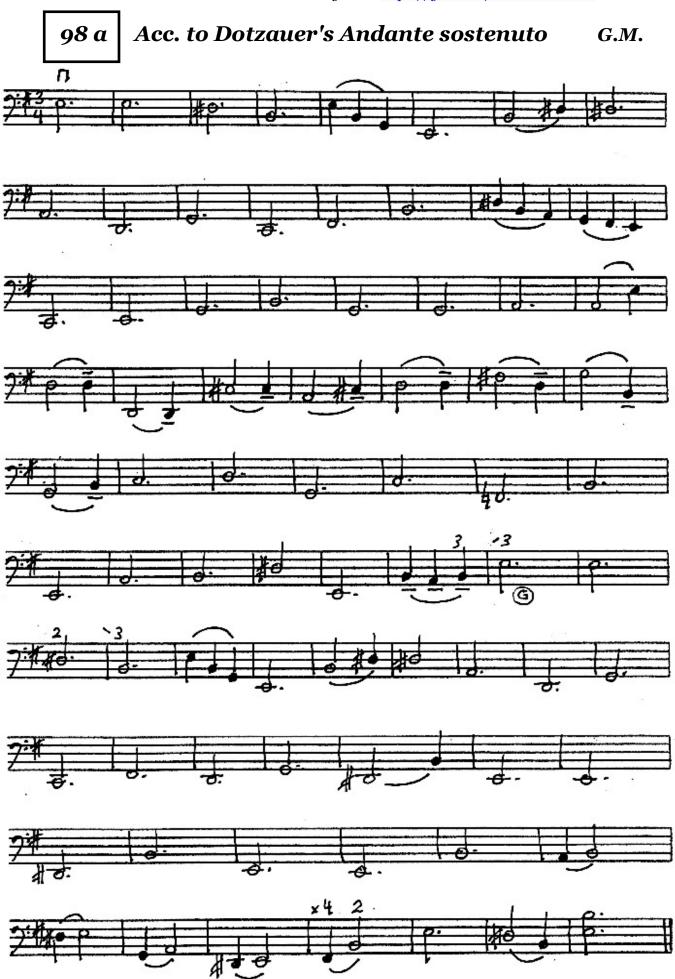
## My CELLO METHOD - Volume 3 - 4th Pos.

Online video lesson:: <u>https://www.patreon.com/posts/73189280</u> \* For a Cello Duo video recording click: <u>https://youtu.be/ZNPWcSWTZvE</u>



My CELLO METHOD - Volume 3 - 4th Pos.

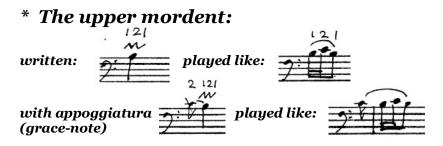
Online video lesson:: <u>https://www.patreon.com/posts/73189280</u> \* For a Cello Duo video recording click: <u>https://youtu.be/ZNPWcSWTZvE</u>

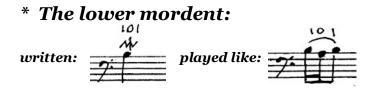


*My CELLO METHOD - Volume 3 - Ornaments Online video lesson: <u>https://www.patreon.com/posts/73931464</u>* 

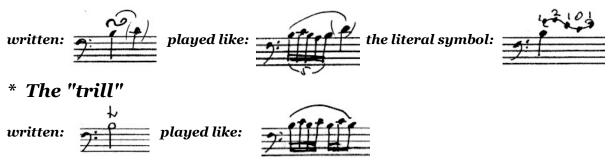
## 99 a Trills and other Ornaments

Here some common ornaments used in Baroque & Classical music:

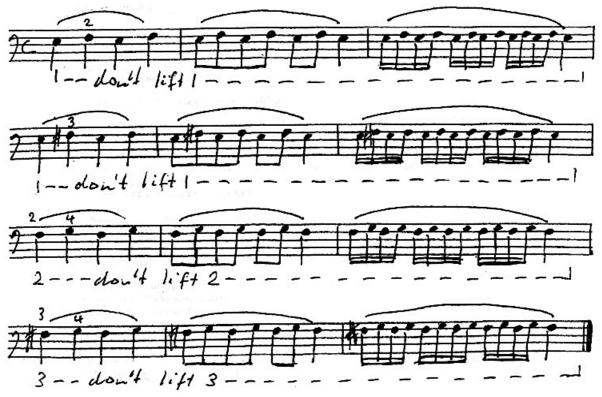




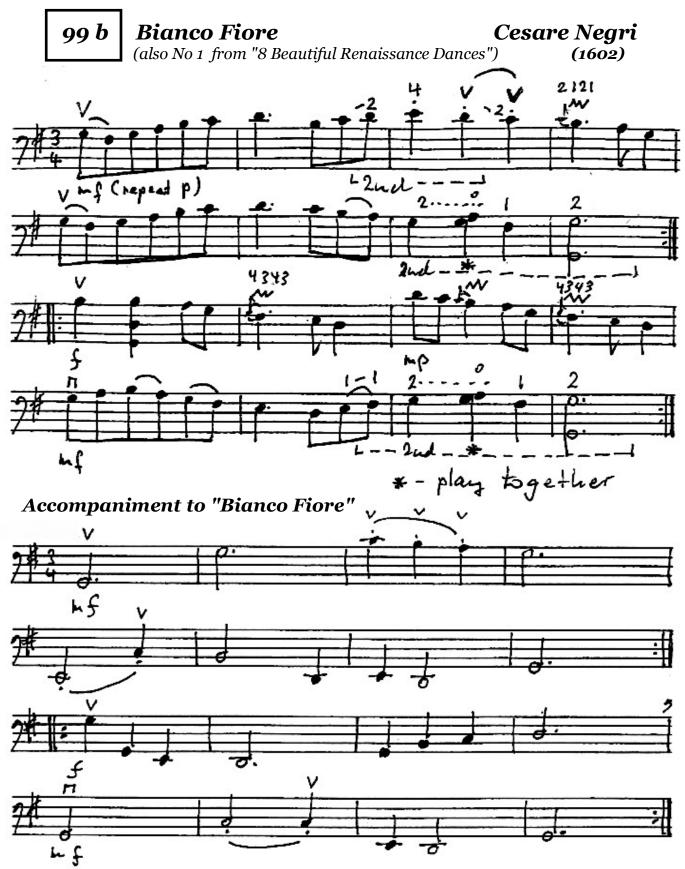
\* The "turn" (here written with the following note "D", usually slurred with the turn



Trill Exercises: (play rhythmical with counting)



Online video lesson: <u>https://www.patreon.com/posts/73931464</u> \* For a Cello Duo video recording click: <u>https://youtu.be/qPOaOgCY1fg</u>



For "8 Beautiful Renaissance Dances", see <u>http://www.georgcello.com/sheetmusic.htm#celloduo</u> Recommended:

Download for FREE all major scales: <u>http://www.georgcello.com/sheetmusic.htm#PART4</u>

## History of "My CELLO METHOD"

(formerly "Georg's Cello Method")

I have often been asked:

Why did you write another cello method? I have been teaching for 50 years. As a student in 1974 I wrote a thesis about all cello methods at the time. It never left my mind to write a method to combine the best elements of all.

I tried so many pieces, changed the order - I think by now it is probably the most tested cello method ever, in fact for such a long that past students are now professional musicians.

Virtually all 19th century methods (e.g. Piatti) are good from the view point of cello technique, but the choice of pieces are narrow - all pieces were written between 1800-1900, usually by the method writer or his friends, no Baroque or Renaissance piece and of course nothing after 1900.

During the last 100 years several kinds of methods developed: the earlier ones had many exercises, had as much writing as music, many pieces were 1 or 2 line excerpts from larger pieces, not very enjoyable.

Other methods today widely used are off shoots from violin methods (e.g. Suzuki) plus some methods appeared attempting to integrate cello players as fast as possible into an orchestra (brass), written for in school classes.

The latter groups are not developed from the cello. As a consequence, the extended positions are not introduced correctly, higher positions appear unsystematically, the half position is forgotten. Students often remain insecure with extensions and where is which position.

I felt there was not only a space for a new method, but that I have a certain duty to publish my method, just because it works so well - it would help many cello learners making playing easier, happier and advance them further. Being prepared and still alive I decided to put all efforts into tidying up my method for publication and extend it to thumb position & treble clef (Volume 6 hopefully completed by the end of 2023).

Going with the new possibilities of our times I decided to record a video to each lesson plus duo recordings of all pieces.

I inserted interactive links which work when viewed on computer, pad or phone. The videos lessons replace the pages and pages of text in older volumes, which usually everyone skipped, the youtube duo recordings offer a partner to play with at home.

Added to this, the patreon course gives students the opportunity asking for advice when a problem arises. And of course, when it's hard to find a good teacher or fit regular lessons in, learning is possible in any location. - I hope you will fully enjoy my Cello Method!

For all Cello Duo recordings - concerts and cello method - see: <u>https://www.youtube.com/playlist?list=PLa4x\_CVYDVRVu36cvDRoylg9DZTar7SZH</u>

For "Cello Issues" videos, explaining how to learn vibrato, make a good sound, tuning etc. see: <u>https://www.youtube.com/playlist?list=PLa4x\_CVYDVRXAnJJ\_6HeRujngwTZ8cMEd</u>

Online video lessons - https://www.patreon.com/georgcello

## Georg's Líttle Music Líbrary - here a selection

Cello solos - (1-10 difficulty) - click blue link through on phone, tablet, computer
G. Mertens - 5 Preludes for the Love of the Lower Strings [4-7] (click to watch Prelude 3) <u>https://youtu.be/E9cmoLt\_Fpw</u>
G. Mertens - Variations on Sakura, Sakura [6-7]
(click to watch) <u>https://youtu.be/AVHgHmt-VWA</u>
J. Dowland - Melancholy Galliard [7] <u>https://youtu.be/VswZx8sVS1s</u>
J. Massenet - Meditation [8] <u>https://youtu.be/ycZ5cokRZ\_s</u>
G. Mertens - Blue Mountains Rainforest Sonata [8-9] (click to watch 3rd movement) <u>https://youtu.be/\_l6reJoWyVQ</u>
M. Marais-Mertens: Variations on La Folia {9} (click to watch) <u>https://youtu.be/7Q8k9v9nEHc</u>
G. Mertens - Cathedral Ciaconna [9] <u>https://youtu.be/Yp2lSAv\_wE</u>
G. Mertens - Cadenza to Haydn Cello Concerto C major 1<sup>st</sup> mov. [9] (click to watch) <u>https://youtu.be/fgNtixSpGDI</u>

I. Albeníz - Asturías [9] <u>https://youtu.be/7nzwswUUDto</u>

## 2 Cellos

J.S.Bach - 8 Chorals [1-4] // - 8 Menuets [2-5]

8 Beautíful Renaíssance Dances [3-7] <u>https://youtu.be/m7MYQ3HuyPw</u> Traditional Shakers - Simple Gifts [3] <u>https://youtu.be/z8IfeXjThvU</u> Saint-Saens The Swan & Bach Prelude I <u>https://youtu.be/jTCBFOoHEOc</u> E. Satie - Gymnopedie 1 (1 /2 cellos) [4] <u>https://youtu.be/j8-eczmxKGk</u> J.S.Bach - Lute Suite No 1 ([5-8] <u>https://youtu.be/zlVMmD28vEY</u> G. Sanz - Pavanas & Canarios [7] <u>https://youtu.be/scVnkI5bXZo</u> M. Giuliani - Variat. on La Folia [7-8] <u>https://youtu.be/ieH5tQVsaPM</u> E. Granados - Intermezzo [8-9] <u>https://youtu.be/zQmgjtTxbNk</u>

## Cello & Guítar

G.F. Handel - Aria "Lascia Ch'io Pianga (2 cellos / cello & guitar) (click to watch) <u>https://youtu.be/qKecidQbypQ</u>

L.v. Beethoven - Sonatina [5] <u>https://youtu.be/6DfLTbRzhFw</u> A.Vivaldi - Sonata no 5 E minor [5-6] <u>https://youtu.be/pyAT41qYTWE</u> J.S.Bach - Arioso [5-6] <u>https://youtu.be/b5SjN2JKyw8</u> G. Caccini - Ave Maria [5-6] <u>https://youtu.be/-5qP5vUyxDw</u>

3 Beautiful Gypsy Songs (here Lento) [4-6] <u>https://youtu.be/OWJxi1J9igY</u>

### Víolín & Guítar

El Condor Pasa - cello (or violin / flute) & guitar [5] (click to watch) <u>https://youtu.be/Jd4v09tPAek</u> La Cumparsita - (violin or cello & guitar) [5-6]

(click to watch) <u>https://youtu.be/Sh4lWkZOWOw</u>

See also "Georg's Cello Method" incl. more than 100 Cello Duos <u>http://www.georgcello.com/sheetmusic.htm - PART1</u> (watch Lesson No 1 - <u>https://youtu.be/g6L091afZ0g</u>)